




MATES DAY MAY 8

May 8th is the date that we often refer to as "Mates Day". But any date is a good time to focus on friendship and being a good mate. The Mates Day badge design features two interlocking sparkly rings, one is silver and the other gold (just like the song).



Be a good friend and EARN A BADGE

-  Choose a selection of challenges to complete
-  Explore the ready-made resources; download and print
-  Order your badges

CHALLENGE OPTIONS

MATE

- ☐ Find out how the word MATE came in to use in Australia
- ☐ Learn to tie a Friendship Knot
- ☐ Find out about 'RUOK? Day' and check on some of your mates
- ☐ Make a list of words meaning MATE or FRIEND from other countries
- ☐ Relatives (especially siblings and cousins) are often our first friends. Draw a family tree to acknowledge your earliest friends.
- ☐ Find out about the role of mates on a pirate ship

COMMUNICATE

- ☐ Handwrite a letter and post it to a friend
- ☐ Using any method of communication, get in touch with a friend you haven't seen for a long time
- ☐ Learn a new method of communicating, such as braille or AUSLAN
- ☐ Send a coded message to a friend to decipher (eg braille, morse code, semaphore)
- ☐ Decorate your footpath or front window with positive messages for your neighbours

ADVOCATE

- ☐ Learn about LGBTQIA+ and how you can support those who identify as such
- ☐ Plan an activity that highlights challenges for people with disabilities
- ☐ Work on an advocacy project that supports other people

CELEBRATE and CONGRATULATE

- ☐ Organise or participate in a celebration with your friends
- ☐ Make your own calendar and mark the birthdates of your friends

ORDER DETAILS

Online order at:
ineedthatbadge.com/badges
Themed ready-made resources
available to download and print



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CREATE

- ☐ Make a gift card for a friend
- ☐ Make a friendship bracelet
- ☐ Make up a poem or write a story about friendship
- ☐ Bake something special to share with a friend
- ☐ Create a booklet of quotes about friendship



CO-OPERATE and CONSIDERATE

- ☐ Help a friend in any way you think appropriate
- ☐ Take on the role of a "secret helper" and see how many ways you can help someone without them knowing about it

INVESTIGATE and CONTEMPLATE

- ☐ Design a "Friend Wanted poster" listing all the qualities that you think make a good friend. Then practice these qualities yourself
- ☐ Discuss the concept of fair play and behaviours of being a good sport
- ☐ Be a friend to an older person. Find out about their life and how it differs from your own
- ☐ Investigate peace symbols and their meanings
- ☐ Make a directory of phone numbers that can be used to access help, such as Lifeline, Kids Helpline
- ☐ Find out what you can about the origins of handshaking. Make up your own special handshake or greeting with a friend.
- ☐ Research the concept of moving Australia Day to May 8th and prepare a list of reasons for and against.
- ☐ Make a list of some of your friends, along with the attributes you like about each. Have a think about what attributes your friends would identify for you.



PARTICIPATE

- ☐ Entertain a group of friends
- ☐ Play a game with a group of friends by trying to recognise each other by the sound of voices
- ☐ Organise or participate in an activity that involves trying to identify baby photo of friends
- ☐ Learn the words to *Make New Friends*
- ☐ Work with your friends to make a list of songs or movies that focus on friendship
- ☐ Discuss characters in your favourite books and decide which ones you would like to befriend.
- ☐ Make a list of ways you can stay safe when out with friends. For example, safety word, staying in groups etc)
- ☐ With your friends, create and perform a play about friendship

Make a list of other verbs ending with **ATE** and create appropriate challenges

