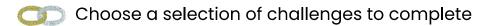
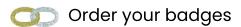
MATES DAYMAY 8

May 8th is the date that we often refer to as "Mates Day". But any date is a good time to focus on friendship and being a good mate. The Mates Day badge design features two interlocking sparkly rings, one is silver and the other gold (just like the song).

Be a good friend and EARN A BADGE







CHALLENGE OPTIONS

MATE

- □ Find out how the word MATE came in to use in Australia
- □ Learn to tie a Friendship Knot
- □ Find out about 'RUOK? Day' and check on some of your mates
- Make a list of words meaning MATE or FRIEND from other countries
- Relatives (especially siblings and cousins) are often our first friends. Draw a family tree to acknowledge your earliest friends.
- □ Find out about the role of mates on a pirate ship

COMMUNICATE

- □ Handwrite a letter and post it to a friend
- Using any method of communication, get in touch with a friend you haven't seen for a long time
- Learn a new method of communicating, such as braille or AUSLAN
- □ Send a coded message to a friend to decipher (eg braille, morse code, semaphore)
- Decorate your footpath or front window with positive messages for your neighbours

ADVOCATE

- □ Learn about LGBTQIA+ and how you can support those who identify as such
- □ Plan an activity that highlights challenges for people with disabilities
- Work on an advocacy project that supports other people

CELEBRATE and CONGRATULATE

- Organise or participate in a celebration with your friends
- □ Make your own calendar and mark the birthdates of your friends

ORDER DETAILS

Online order at: ineedthatbadge.com/badges

Themed ready-made resources available to download and print





MATES DAYMAY 8

CREATE

- □ Make a gift card for a friend
- □ Make a friendship bracelet
- □ Make up a poem or write a story about friendship
- □ Bake something special to share with a friend
- □ Create a booklet of quotes about friendship

MAY8 MATES DAY

CO-OPERATE and CONSIDERATE

- □ Help a friend in any way you think appropriate
- Take on the role of a "secret helper" and see how many ways you can help someone without them knowing about it

INVESTIGATE and CONTEMPLATE

- □ Design a "Friend Wanted poster" listing all the qualities that you think make a good friend. Then practice these qualities yourself
- \square Discuss the concept of fair play and behaviours of being a good sport
- \square Be a friend to an older person. Find out about their life and how it differs from your own
- □ Investigate peace symbols and their meanings
- □ Make a directory of phone numbers that can be used to access help, such as Lifeline, Kids Helpline
- □ Find out what you can about the origins of handshaking. Make up your own special handshake or greeting with a friend.
- □ Research the concept of moving Australia Day to May 8th and prepare a list of reasons for and against.
- □ Make a list of some of your friends, along with the attributes you like about each. Have a think about what attributes your friends would identify for you.

PARTICIPATE

- □ Entertain a group of friends
- □ Play a game with a group of friends by trying to recognise each other by the sound of voices
- □ Organise or participate in an activity that involves trying to identify baby photo of friends
- □ Learn the words to *Make New Friends*
- □ Work with your friends to make a list of songs or movies that focus on friendship
- □ Discuss characters in your favourite books and decide which ones you would like to befriend.
- □ Make a list of ways you can stay safe when out with friends. For example, safety word, staying in groups etc)
- □ With your friends, create and perform a play about friendship

Make a list of other verbs ending with ATE and create appropriate challenges

